

# Canteen Menu

VISIT [FLEXI-SCHOOLS.COM.AU](http://FLEXI-SCHOOLS.COM.AU) TO PLACE ORDERS ONLINE BEFORE 9.00AM,  
OR PLACE ORDERS AT THE CANTEEN BEFORE SCHOOL OR AT RECESS

## DAILY SPECIALS - WINTER TERMS 2 & 3

### Monday

Homemade Macaroni & Cheese \$5.50

Sweet Chilli Chicken Wraps \$6.00

### Tuesday

Homemade Shepherd's Pie \$6.00

Homemade Fried Rice (Gluten free) \$5.50

### Wednesday

Pumpkin & Bacon Risotto \$6.00

### Thursday

Baked Potato \$5.50

Soup of the Day (with bread roll) \$4.50

### Friday

Chicken Schnitzel Roll \$6.00

*with lettuce, tomato, cheese & mayo*

Chicken Souvlaki \$7.00

### HOT FOOD

Hot Chips (*Mon, Wed, Fri only*) \$4.50

*with Gravy* \$0.50

Potato Cakes \$1.20

Hash Browns \$1.50

Dim Sims; *Fried or Steamed* \$1.20

Mini Spinach and cheese roll \$1.50

Mini Party Pie or Sausage Roll \$1.50

Skinless Hotdog; \$4.50

*With sauce* \$4.50

*With cheese & sauce* \$5.00

Meat Pies \$5.00

Jumbo Sausage Roll \$4.50

Potato Pie \$4.50

Spinach and Cheese Roll \$3.50

Vegetable Pastie \$4.50

Quiche (*Lorraine or Spinach*) \$4.50

Pizza (*Margherita/Hawaiian*) \$4.00

Cheesymite Scroll \$2.50

Cheese and Bacon Scroll \$2.50

Nachos (*with sour cream*) \$5.00

Toasted Focaccia (*Ham and Cheese*) \$4.00

Toasted Focaccia (*Cheese and Tomato*) \$4.00

Toasted Focaccia (*Ham, cheese & tomato*) \$4.50

Instant Noodles (Beef or Chicken) \$4.00

Egg and Bacon Muffin \$4.00

### Other:

Fruit Salad \$5.00

Yoghurt \$3.00

Donuts (Choc/Straw/Jam) \$2.50

Banana Bread \$3.00

Chocolate Cake \$3.00

Smartie Cookie \$3.00

Caramel Slice, Lemon Slice, Peppermint \$3.50

Slice, Cherry Ripe Slice

### DESIGN YOUR OWN

Salad Bowl \$5.50

Sandwich (Multigrain) \$5.00

Roll (Wholemeal) \$5.00

Wrap \$5.00

Focaccia \$5.00

### ADD YOUR SALAD:

#### SELECT FILLINGS:

Lettuce, Tomato, Cucumber, Carrot,

Cheese, Spinach, Beetroot, Vegemite

#### ADD ON:

Ham, Chicken, Avocado, Bacon, Egg, \$0.50

Pineapple, Capsicum EACH

Chicken Tender \$1.50

#### FINISH IT OFF:

Caesar, Mayo, Chutney, or Sweet \$0.50

Chilli Sauce \$0.50

TOASTED - no extra charge

### DRINKS

Water \$2.50

375ml cans: Pepsi/Pepsi Max/Lemonade \$2.50

600ml bottles : Pepsi/Pepsi Max \$4.00

600 ml: Creamy Soda, Lemonade, Solo \$4.00

Gatorade (Variety of Flavours) \$4.00

Glee (Variety of Flavours) \$2.00

Real Iced Tea \$3.50

Oak 300ml \$2.50

Oak 600ml \$3.50

Ice Break \$4.00

*Selected Ice-creams and  
Confectionary available  
for over-counter sales.*

*\*\*\* Also available a wide  
variety of salad plates,  
mixed sandwiches and  
rolls\*\*\**

